

## Rocks, Ropes and Boats ADVANCED Camp Equipment and Clothing List

Please bring all items every day!

### **Equipment:**

- Daypack for hiking big enough for lunch, water and extra clothing
- A full liter or quart water bottle (2 on the rock climbing day)
- Lunch *and* snacks

### **Clothing (to wear):**

- 1 pair shorts or pants (depending on the temps) – with pockets
- 1 T-shirt
- Tennis shoes or light hiking boots

### **Extra Clothing (to bring):**

- One pair of sweat pants or similar for chilly mornings or to warm up after swimming
- Pile or fleece jacket or sweat shirt
- Swim suit (towel optional)
- Long sleeve rash guard or Long Sleeve t-shirt (essential for tubing day!)
- Ball cap or sun hat
- Water Shoes/Sandals that will not come off the feet in the water
- Rain jacket or poncho if T-storms are threatening (inexpensive plastic ponchos are fine)
- Windbreaker (rain jacket will suffice if it is breathable)
- Beanie or warm hat (if weather is colder than normal)
- Warm gloves (if weather is colder than normal)

### **Other:**

- Bug Repellent
- Sunscreen
- Sunglasses
- Any suggested or needed medication (please let us know and whether camper is responsible or if we should administer).
- Liability Release Form (you can also find it on our website  
<http://projectdiscovery.com/forms/>)
- \$ for the Snack Shack if you want your child to partake