# Rocks, Ropes and Boats Camp Equipment and Clothing List

Please bring all items every day!

### **Equipment:**

- -Daypack for hiking big enough for lunch, water and extra clothing
- -A full liter or quart water bottle
- -Lunch and snacks

### **Clothing (to wear):**

- -1 pair shorts or pants (depending on the temps) with pockets
- -1 T-shirt
- -Tennis shoes or light hiking boots

## **Extra Clothing (to bring):**

- -One pair of long sweat pants or similar for chilly mornings or to warm up after swimming
- -Pile or fleece jacket or sweat shirt
- -Swim suit (towel optional)
- -Ball cap or sun hat
- -Water Shoes that will not come off the feet in the water
- -Rain jacket or poncho if T-storms are threatening (inexpensive plastic ponchos are fine)
- -Windbreaker (rain jacket will suffice if it is breathable)
- -Beanie or warm hat (if weather is colder than normal)
- -Warm gloves (if weather is colder than normal)

#### Other:

- -Bug Repellent
- -Sunscreen
- -Sunglasses
- -Any suggested or needed medication (please let us know and whether camper is responsible or if we should administer).
- -Attached Release Form (you can also find it on our website http://projectdiscovery.com/forms/)
- -\$ for the Snack Shack if you want your child to partake